

Plateau Gobbler Gallop 11K, Nov. 30, 2019

Cumberland Mountain State Park, Crossville

Frostbite Running Club

71 finishers, Dan Smithhisler, Race

Director

Place	First	Last Name	Age	City, TN	Overall	Time
Overall						
	John	Woodman	32	Clarksville	1	41 42
	Kiera	Woodman	24	Clarksville	2	43 00
Masters						
	Fidel	Balderas	46	Crossville	4	44 51
	Lisa	Hazlett	42	Gray	12	53 23
Age Grp						
F 10-19						
1	Abby	Hix	15	Monroe	29	1 03 23
F 20-29						
1	Hannah	Stockdale	26	Nashville	6	47 32
F 30-39						
1	Meg	Guy	39	Roan Mountain	9	50 00
2	Katrina	Schenk	37	Shelbyville	13	53 43
3	Jessica	Remmert	36	Gray	16	55 44
4	Caley	Roberts	32	Morrison, CO	26	1 01 39
5	Lavra	Jerks	38	Henrico, VA	46	1 16 31
6	Ruth	Thompson	36	Dickson	58	1 32 25
F 40-49						
1	Jaimi	Bradley	49	Clarksville	18	57 39
2	Aireann	Mitchell	47	White Bluff	20	1 00 00
3	Rhonda	Carr	47	Murfreesboro	37	1 08 42
4	Kristy	Shumake	43	Martin	41	1 10 39
5	Valerie	Tylka	42	Sparta	43	1 11 32
6	Lana	Olson	44	Nashville	47	1 16 31
7	Brandy	Kennedy	41	Franklin	49	1 18 21
8	Angie	Houston	41	Crossville	50	1 19 25
9	Jessica	Bell	40	Indianapolis	67	1 51 23

F 50-59

1	Marie	Palko	58	Nashville	14	54 22
2	Tamra	Smith	59	Shelbyville	22	1 00 47
3	Sharon	Cruse	52	Pocahontas	33	1 04 22
4	Cynthia	Dunn	55	Chattanooga	45	1 14 25
5	Penny	Selman	50	Signal Mountain	55	1 28 29
6	Christine	Tennyson	50	Murfreesboro	66	1 51 22

F 60-69

1	Vickie	Spickard	62	Nashville	19	58 39
2	Alice	Thompson	63	Dickson	32	1 03 50
3	Diane	Taylor	63	Seymour	60	1 34 53
4	Mary Kay	Fisher	61	Clarksville	65	1 41 51
5	Mary	Scudder	66	Shelbyville	68	1 52 08

F 70-79

1	Helen	Fussell	70	Fayetteville	48	1 18 21
2	Lynda	de Paulis	73	Hermitage	51	1 21 37
3	Janice	Woods	71	Savannah	52	1 23 59
4	Amelia	Wallace	78	Clarksville	56	1 25 21
5	Doris	Brown	71	Cookeville	59	1 33 12
6	Phyllis	Sizemore	73	Knoxville	61	1 34 54
7	Glenda	Tetley	77	Smyrna	69	1 52 08

M 10-19

1	Will	Maxfield	15	Livingston	7	48 06
2	Caleb	Duncan	10	Maryville	57	1 31 59

M 20-29

1	Sam	Payne	20	Portland	5	44 57
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M 30-39

1	Alex	Palko	30	Nashville	3	43 54
2	Simon	Roberts	32	Golden, CO	11	53 16
3	Jonathan	Wingate	35	Murfreesboro	24	1 01 28
4	Zachary	Duncan	34	Maryville	63	1 35 45

M 40-49

1	Brian	Lawhorn	49	Roan Mountain	17	56 25
2	Chris	Cope	42	McMinnville	21	1 00 01

3	David	Thayer	44	Union City	28	1 01 55
M 50-59						
1	Will	Runion	50	Limestone	8	49 48
2	Terry	Quillen	57	Tullahoma	15	54 36
3	Bob	Shumake	53	Martin	23	1 01 05
4	John	Selman	56	Signal Mountain	25	1 01 28
5	Kem	Cruse	55	Pocahontas	27	1 01 39
6	Tom	Palko	57	Nashville	39	1 08 48
7	Nathan	Baker	56	Sparta	40	1 09 15
8	Michael	Kaiser	54	Nashville	54	1 28 24
M 60-69						
1	Jeff	Stracener	63	Soddy Daisy	10	52 17
2	Richard	Hakirk	64	Estill Springs	30	1 03 23
3	Guy	Giles	68	Knoxville	31	1 03 29
4	Paul	Vondohlen	67	Ashland City	34	1 04 48
5	Alexander	Leithner	61	Nashville	35	1 06 16
6	David	Bordenkircher	66	Nashville	64	1 35 00
7	Mark	Rusk	64	Naples, FL	71	
M 70-79						
1	Bob	Hardin	73	Elizabethton	36	1 06 46
2	Charles	Blair	72	Fayetteville	38	1 08 48
3	Joe	Fussell	72	Fayetteville	42	1 10 39
4	Larry	Nelson	75	Hixon	44	1 11 32
5	Tomas	de Paulis	76	Hermitage	53	1 25 17
6	Bob	Pierce	75	Readyville	62	1 32 11
M 80+						
1	S B	Khleif	84	Cookeville	70	1 58 48

Timing by Roger Gall, Mach Tenn R. C.