

## Pilot Knob 10K

Nathan Bedford Forrest State Park, Eva, TN

Frostbite Running Club

102 finishers. Lisa Bell, Race Director

Place	Bib	First	Last Name	Age	Home Town TN	Overall	Time
Winner	134	John	Woodman	32	Clarksville	1	38.21
Winner	135	Kiera	Woodman	25	Clarksville	2	40.40

### Age Group

#### F 10-19

1	190	Sara	Mathis	15	Paris	23	52.38
2	130	Ginny	Archie	14	Greenfield	28	55.06
3	191	Ella	Mathis	13	Paris	42	58.56
4	177	Marissa	Walker	14	Morrison	56	1.04.00
5	197	Kelsey	Meade	16	Leoma	65	1.12.13
6	199	Abigail	Rother	15		71	1.14.32
7	159	Jacey	Purcell	17	Lawrenceburg	79	1.20.28
8	202	Ellie	Huddleston	15		90	1.35.41

#### F 20-29

1	162	Molly	Shiflet	25		25	52.41
2	185	Ellie	Parrett	25	Medina	50	1.02.35
3	187	Kelly	McCormack	25	Jackson	59	1.09.08

#### F 30-39

1	179	Nicole	Hosford	31	Paris	11	46.35
2	103	Ruth	Thompson	37	Dickson	100	1.52.40

#### F 40-49

1	174	Angela	Whidden	42		31	56.13
2	182	Kristy	Shumake	44	Martin	53	1.03.43
3	164	Jennifer	Rainey	45	Medina	54	1.03.46
4	133	Julie	Davenport	49	Hermitage	74	1.16.31
5	153	Deborah	Webb	43	Hermitage	82	1.24.39
6		Angie	Purcell	47	Lawrenceburg	83	1.26.16
7	128	Latrice	Conner	44	Antoch	92	1.39.38
8	127	LaTamera	Woodley	44	Antoch	93	1.41.03
9	121	Keevy	Hight	41	Lebanon	96	1.48.00
10	120	Dolores	Betz	47	Lebanon	97	1.48.04
11	124	Connie	Haxby	44	Lebanon	98	1.50.32

#### F 50-59

1	158	Sharon	Cruse	52	Pocahontas	33	57.09
2	146	Elizabeth	Lott	59	McKenzie	52	1.03.31

<b>3</b>	148	Bonnie	Elam	56	McKenzie	58	<b>1.05.31</b>
<b>4</b>	201	Kate	Huddleston	52		63	<b>1.10.23</b>
<b>5</b>	196	Julia	Meade	52		66	<b>1.12.14</b>
<b>6</b>	193	Missy	Sanders	51	Mt Pleasant	70	<b>1.14.13</b>
<b>7</b>	112	Dorothy	Galloway	58	Woodlawn	84	<b>1.28.40</b>
<b>8</b>	119	Pauline	Bullard	57		99	<b>1.52.36</b>
<b>F 60-69</b>							
<b>1</b>	122	Vickie	Spickard	63	Nashville	15	<b>50.47</b>
<b>2</b>	171	Tamra	Smith	60	Shelbyville	32	<b>56.42</b>
<b>3</b>	147	Sherry	Smith	60	McKenzie	45	<b>59.52</b>
<b>4</b>	102	Alice	Thompson	64	Dickson	46	<b>1.00.34</b>
<b>5</b>	175	Carla	Snodgrass	67	Nashville	67	<b>1.13.23</b>
<b>6</b>	150	Tammy	Carter	60		101	<b>1.52.43</b>
<b>7</b>	106	Janet	Tummins	65	McEwen	102	<b>2.00.32</b>
<b>F 70+</b>							
<b>1</b>	173	Wrenae	Shabel	70	Fairview	64	<b>1.11.46</b>
<b>2</b>	101	Amelia	Wallace	79	Clarksville	69	<b>1.14.04</b>
<b>3</b>	138	Helen	Fussell	71	Fayetteville	76	<b>1.18.21</b>
<b>4</b>	115	Jan	Woods	72	Savannah	81	<b>1.21.00</b>
<b>5</b>	114	Linda	Brewer	72	Summertown	89	<b>1.35.15</b>
<b>M 10-19</b>							
<b>1</b>	151	Kaydan	Patterson	16		4	<b>42.30</b>
<b>2</b>	181	Slayden	Hosford	12	Paris	13	<b>49.12</b>
<b>3</b>	189	Cael	Mathis	11	Paris	21	<b>52.22</b>
<b>4</b>	198	Brice	Rother	13		29	<b>55.49</b>
<b>5</b>	194	Will	Gardner	15	Five Points	35	<b>57.49</b>
<b>6</b>	176	Dylan	Walker	12	Morrison	43	<b>59.17</b>
<b>7</b>	111	Caleb	Duncan	11	Maryville	44	<b>59.45</b>
<b>M 20-29</b>							
<b>1</b>	154	Eric	Langill	29		16	<b>51.26</b>
<b>2</b>	161	Rhett	Miller	28	Clarksville	24	<b>52.41</b>
<b>3</b>	156	Daniel	Standford	28	North Syracuse	60	<b>1.09.50</b>
<b>M 30-39</b>							
<b>1</b>	139	Kevin	Wilkins	32	Clarksville	3	<b>42.10</b>
<b>2</b>	143	Pat	Mamsueto	31	Clarksville	7	<b>45.05</b>
<b>3</b>	144	Ricky	Jimenez	39	Clarksville	9	<b>45.33</b>
<b>4</b>	184	Ben	Morse	34	Nashville	14	<b>50.04</b>
<b>5</b>	145	Justin	Hammond	30	Southside	17	<b>51.32</b>
<b>6</b>	113	Raymond	Morrow	33	Waynesboro	19	<b>52.02</b>
<b>7</b>	180	Jay	Hosford	32	Paris	20	<b>52.20</b>

<b>8</b>	188	Barry	Mathis	39	Paris	22	<b>52.31</b>
<b>9</b>	104	Russ	Mitchell	39	Knoxville	27	<b>53.51</b>
<b>10</b>	152	Rawles	Hutcheson	39	Nashville	38	<b>58.29</b>
<b>11</b>	123	John	McGee	39	Lebanon	41	<b>58.44</b>
<b>12</b>	195	Tim	McIntire	34	Jackson	47	<b>1.00.42</b>
<b>13</b>	155	Nicholas	Standford	34	North Syracuse	61	<b>1.09.52</b>
<b>14</b>	110	Zach	Duncan	35	Maryville	85	<b>1.30.07</b>

**M 40-49**

<b>1</b>	149	Andrew	Brown	47	Martin	18	<b>51.38</b>
<b>2</b>	178	Paul	Walker	47	Morrison	30	<b>55.57</b>
<b>3</b>	165	John	Renfroe	44	Lexington	36	<b>57.56</b>
<b>4</b>	136	David	Bradshaw	45	Hopkinsville KY	55	<b>1.03.57</b>
<b>5</b>	108	Matthew	Ferrier	47	Clarksville	91	<b>1.37.02</b>

**M 50-59**

<b>1</b>	169	Mark	Farber	53	Mt Juliet	5	<b>43.42</b>
<b>2</b>	172	Nick	Bollen	53	Franklin	6	<b>44.41</b>
<b>3</b>	167	Will	Runion	51	Limestone	10	<b>46.25</b>
<b>4</b>	125	Terry	Quillen	58	Tullahoma	12	<b>46.55</b>
<b>5</b>	183	Bob	Shumake	54	Martin	34	<b>57.28</b>
<b>6</b>	141	Dennis	Green	51	Lawrenceburg	37	<b>58.00</b>
<b>7</b>	132	Steven	Davenport	50	Hermitage	39	<b>58.31</b>
<b>8</b>	157	Kem	Cruse	55	Pocahontas	40	<b>58.35</b>
<b>9</b>	168	Jerry	Perry	59	Centerville	72	<b>1.14.40</b>
<b>10</b>	100	Mike	Bell	52	Jackson	ES	<b>1.16.12</b>
<b>11</b>	192	Daniel	Sanders	51	Mt Pleasant	78	<b>1.20.21</b>
<b>12</b>	126	David	Sharp	57	Murfreesboro	88	<b>1.34.00</b>
<b>13</b>	109	Jim	Galloway	56	Woodlawn	94	<b>1.45.09</b>

**M 60-69**

<b>1</b>	170	Jeff	Stracener	63	Soddy Daisy	8	<b>45.25</b>
<b>2</b>	166	Guy	Giles	69	Knoxville	26	<b>53.32</b>
<b>3</b>	117	Alex	Leithner	62	Nashville	48	<b>1.01.32</b>
<b>4</b>	179	Keith	Tucker	66	Greenfield	49	<b>1.02.23</b>
<b>5</b>	131	Paul	Vondohlen	68	Ashland City	51	<b>1.03.17</b>
<b>6</b>	137	David	Arrington	62	Trenton	68	<b>1.13.52</b>
<b>7</b>	186	David	Wood	68		77	<b>1.19.19</b>
<b>8</b>	107	Greg	Tummins	62	McEwen	80	<b>1.21.00</b>
<b>9</b>	118	Michael	McWaters	67		87	<b>1.30.42</b>
<b>10</b>	116	Danny	Duncan	67	Bethel Springs	95	<b>1.47.23</b>

**M 70+**

<b>1</b>	142	Joe	Fussell	71	Fayetteville	57	<b>1.04.24</b>
<b>2</b>	140	Larry	Nelson	76	Hixon	62	<b>1.10.22</b>

<b>3</b>	200	William	Billbrey	70	Dickson	73	<b>1.15.55</b>
<b>4</b>	163	Tomas	de Paulis	77	Hermitage	75	<b>1.17.19</b>
<b>5</b>	105	Bob	Pierce	76	Readyville	86	<b>1.30.14</b>

Timing and results by Mike Bell, Frostbite Running Club