

Pilot Knob 10K Run, Nov. 9, 2013
Nathan Bedford Forrest State Park, Eva, TN
Frostbite Running Club
 102 Finishers, Mike Bell, Race Director

Place	First	Last name	Age	Home Town (TN)	Ovl	Time
Overall Winners						
	Lance	Winders	50	Mansfield	1	37.48
	Robyn	Winkler	29	McKenzie	8	43.33
Masters Overall						
	Randy	Davis	44	Gleason	4	39.36
	Marie	Palko	52		35	50.33
Age Groups						
F 10-14						
1	Caroline	Choate	10	Dickson	97	1.34.00
F 15-19						
1	Elva	Magana	15	Readyville	30	49.23
2	Evelyn	Turner	15	Bumpus Mills	41	51.26
3	Anna	Bell	17	Camden	92	1.16.28
F 25-29						
1	Siris	Carrasco	28	Nashville	34	50.20
2	Jocelin	Hayes	26	Nashville	62	58.42
3	Bertha	Robles	29	Huntingdon	68	59.56
4	Misty	Long	26	Nashville	91	1.16.10
5	Jennifer	Stout	28	Pulaski	96	1.21.04
F 30-34						
1	Annapurna	Slayman	31	Lobelville	31	49.26
2	Leigh	Carr	34	Martin	43	51.31
3	Gail	Evans	34	Springville	72	1.04.09
F 35-39						
1	Criscilla	Tyler	36	Dover	29	49.22
2	Sally	Arnold	37	Trezevant	57	57.29
F 40-44						
1	Jennifer	Davis	44	Gleason	49	53.43
2	Angela	Redden	42	Dickson	80	1.06.31
3	Teresa	Baker	43	Huntingdon	84	1.09.31

F 45-49

1	Jennifer	Whitley	47	Murfreesboro	51	53.57
2	Kimberly	Turner	48	Bumpus Mills	58	57.39
3	Janice	Yoste	49	Hendersonville	75	1.04.47
4	Janeth	Moerdyk	45	Crossville	76	1.06.05
5	Rhonda	Hensley	47	Camden	81	1.06.47
6	Leslie	Hayes	47	Nashville	88	1.13.34

F 50-54

1	Elizabeth	Lott	52	Huntingdon	61	58.23
2	Dorothy	Galloway	51	Woodlawn	71	1.03.13
3	Teresa	Jones	52	Paris	87	1.12.02
4	Tammy	Carter	53	Camden	93	1.16.45
5	Susan	Choate	52	Dickson	100	1.38.10

F 55-59

1	Janie	Smothers	56	Bruceton	63	58.52
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F 60-64

1	Patricia	Cole	61	Goodlettesville	79	1.06.31
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F 65-69

1	Lynda	de Paulis	67	Hermitage	67	59.48
2	Emily	Garmany	67	Trezevant	90	1.15.01

F 70+

1	Amelia	Wallace	72	Clarksville	65	59.11
2	Janet	Lowe	70	Cookeville	101	1.37.10
3	Helen	Bell	70	Camden	102	1.42.20

M 10-14

1	Paxton	Davis	12	Gleason	36	50.57
2	Wyatt	Choate	13	Dickson	46	52.26

M 15-19

1	Donovan	Davis	16	Gleason	3	39.33
2	Umar	Rasul	17	Woodbury	12	45.10
3	Zach	Baker	15	Huntingdon	20	47.42
4	James	Smothers	16	Big Sandy	23	48.30
5	Clayton	Virgo	15	Murray, KY	33	50.08
6	Tanner	Rich	17	Huntingdon	39	51.15
7	Chad	Covington	18	Guthrie, KY	40	51.25
8	Nick	Jones	16		60	58.00
9	Hunter	Guess	16		64	59.03

M 20-24

1	Ryan	Wilson	22	Murfreesboro	2	39.10
2	Fred	Hatler	24	Gleason	5	39.42
3	John	Caldwell	20	Murfreesboro	10	44.43
M 25-29						
1	Brock	Martin	29	Huntingdon	38	51.11
M 30-34						
1	John	Cartwright	32	Florence, AL	32	49.43
2	Corey	Stout	31	Pulaski	45	52.11
3	Josh	Tyner	33		47	52.43
M 35-39						
1	Shane	Barry	38	Fairview	7	42.31
2	Scotty	Winston	37	Paris	55	55.04
3	Regan	Craig	35	Jackson	86	1.10.18
M 40-44						
1	David	Zucker	40	Memphis	6	39.43
2	Bill	Redden	42	Dickson	48	53.18
3	Randy	Anderson	40	Camden	52	54.17
4	Chris	Guess	44		83	1.09.16
5	Anis	Mnif	42	Nashville	89	1.13.35
6	Matthew	Ferrier	40	Clarksville	94	1.20.25
M 45-49						
1	Dan	Ridley	48	McKenzie	13	45.45
2	Steve	Virgo	46	Murray, KY	17	47.02
3	Mike	Bell	45	Camden	25	48.41
4	Michael	Kaiser	48	Hendersonville	42	51.29
5	Keith	Moerdyk	49	Crossville	54	54.39
6	Randal	Hendrix	49	Thompson Sta	70	1.01.33
7	Jim	Galloway	49	Woodlawn	103	1.46.56
M 50-54						
1	Tommy	Kell	50	Rock Island	11	44.56
2	Terry	Walter	52	Crossville	15	46.49
3	David	Hatler	52	Dresden	18	47.05
4	Terry	Quillen	51	Tullahoma	24	48.39
5	Joe	Kolbaba	53	Jackson	44	51.38
6	Tom	Palko	51		74	1.04.44
7	Noel	Choate	54	Dickson	99	1.38.10
M 55-59						
1	Jeff	Stacener	57	Soddy Daisy	9	44.26
2	Arthur	Ricker	55	Greeneville	14	45.58

3	Danny	Crossett	58	Jackson	19	47.34
4	John	Spencer	59	Dickson	37	51.05
5	Alan	Dausman	58	Harriman	59	57.43
6	Bill	Roberts	57	Ashland City	66	59.31

M 60-64

1	Guy	Giles	62	Knoxville	16	46.53
2	Gwin	Anderson	60	Dresden	21	48.11
3	Bill	Dickerson	64	Gray	26	48.51
4	Richard	Davis	63	McKenzie	27	49.01
5	Volker	Winkler	62	McKenzie	28	49.19
6	Paul	Vondohlen	61	Bon Aqua	50	53.52
7	David	Kelly	60	Big Sandy	53	54.21
8	David	Wood	61	Atwood	69	1.00.12
9	Randy	Cole	60	Goodlettesville	73	1.04.20
10	Ricky	Stout	61	Pulaski	82	1.08.01

M 65-69

1	JC	Kelley	68	Baxter	22	48.15
2	Bob	Pierce	69	Readyville	77	1.06.10
3	Monte	Lowe	66	Cookeville	85	1.10.14

M 70+

1	Gary	Anderson	73	Lebanon	56	56.32
2	Tomas	de Paulis	70	Hermitage	78	1.06.12
3	Ed	Casey	79	Nashville	95	1.20.34
4	Willard	Bond	75	Hendersonville	98	1.35.09