

## ROAN MOUNTAIN 10K, NOV. 2, 2019

Roan Mountain State Park, Roan Mountain, TN

41 Finishers. Meg Guy, Race

Director

Place	First	Last Name	Home Town	Gndr	Age	Ovl	Time
<b>Overall Winners</b>							
<b>Male</b>	Andrew	Campbell	Bristol, VA	M	25	1	<b>0:41:01</b>
<b>Female</b>	Meg	Guy	Roan Mountain	F	39	4	<b>0:46:49</b>
<b>Age Groups</b>							
<b>F 20-29</b>							
1	Nicole	Perez	Johnson City	F	26	30	<b>1:14:47</b>
<b>F 30-39</b>							
1	Karrie	Duncan	Maryville	F	33	38	<b>1:36:20</b>
<b>F 40-49</b>							
1	Marisa	McEntire	Mt Pleasant, SC	F	46	11	<b>0:54:40</b>
2	Martha	Martin		F	42	26	<b>1:05:31</b>
3	Amy	Perkins	Salem, VA	F	44	33	<b>1:20:14</b>
<b>F 50-59</b>							
1	Marie	Palko	Nashville	F	57	6	<b>0:48:28</b>
2	Tammy	Winger	Blountville	F	52	27	<b>1:07:44</b>
<b>F 60-69</b>							
1	Gisele	Goldstein	Germantown	F	61	13	<b>0:56:12</b>
2	Carol	Rigsbee		F	60	35	<b>1:26:08</b>
3	Patricia	Cole	Goodlettsville	F	67	39	<b>1:37:50</b>
<b>F 70+</b>							
1	Lana	Butler	Bluff City	F	72	32	<b>1:16:02</b>
2	Doris	Brown	Cookeville	F	71	37	<b>1:30:42</b>
<b>M 10-19</b>							
1	Daniel	Comire	Kingsport	M	14	8	<b>0:51:52</b>
2	David	Comire	Kingsport	M	12	12	<b>0:55:08</b>
3	Able	Comire	Kingsport	M	10	21	<b>1:01:22</b>
4	Caleb	Duncan	Maryville	M	10	31	<b>1:15:58</b>

**M 30-39**

<b>1</b>	Jonathan	Wingate		M	35	15	<b>0:57:21</b>
<b>2</b>	Zach	Duncan	Maryville	M	34	34	<b>1:23:36</b>

**M 40-49**

<b>1</b>	Chris	Allen		M	48	9	<b>0:51:55</b>
<b>2</b>	Brian	Lawhern	Roan Mountain	M	49	10	<b>0:52:29</b>
<b>3</b>	James	Perkins		M	40	14	<b>0:56:31</b>

**M 50-59**

<b>1</b>	Chris	Squires		M	54	2	<b>0:45:59</b>
<b>2</b>	Will	Runion	Limestone	M	50	3	<b>0:46:37</b>
<b>3</b>	Mark	Wininger	Blountville	M	54	16	<b>0:57:24</b>
<b>4</b>	Don	Comire	Knoxville	M	52	20	<b>1:00:01</b>
<b>5</b>	Tom	Palko	Nashville	M	57	23	<b>1:03:07</b>
<b>6</b>	Danny	Walker	Knoxville	M	58	24	<b>1:04:07</b>
<b>7</b>	Claude	Grindstaff	Elizabethton	M	58	28	<b>1:07:57</b>
<b>8</b>	David	Rutledge		M	55	29	<b>1:14:01</b>

**M 60-69**

<b>1</b>	Jeff	Stracener	Soddy Daisy	M	63	5	<b>0:47:25</b>
<b>2</b>	Tom	Ecay	Johnson City	M	61	7	<b>0:50:51</b>
<b>3</b>	Guy	Giles	Knoxville	M	68	17	<b>0:58:14</b>
<b>4</b>	Bob	Townsend	Limestone	M	69	18	<b>0:58:46</b>
<b>5</b>	Paul	Vondohlen	Ashland City	M	67	22	<b>1:01:18</b>
<b>6</b>	Arthur	Ricker	Greeneville	M	61	40	<b>1:42:48</b>
<b>7</b>	Randy	Cole	Goodlettsville	M	66	41	<b>1:42:50</b>

**M 70+**

<b>1</b>	Bob	Hardin	Elizabethton	M	73	19	<b>0:59:02</b>
<b>2</b>	Larry	Nelson	Hixon	M	75	25	<b>1:05:24</b>
<b>3</b>	Bob	Pierce	Murfreesboro	M	75	36	<b>1:26:24</b>