

# TIMS FORD DEER TRAIL 6 MILES

Tim's Ford State Park, Winchester, TN

December 1, 2018

Mach Tenn Running Club

97 Finishers. Denny Elston, Race Director

| <b>Overall</b> | <b>Bib</b> | <b>First</b> | <b>Last Name</b> | <b>Age</b> | <b>Home Town TN</b> | <b>Ovl</b> | <b>Chip Time</b> |
|----------------|------------|--------------|------------------|------------|---------------------|------------|------------------|
| 1              | 318        | Katrina      | Schenk           | 36         | Shelbyville         | 12         | 47:50:00         |
| 1              | 262        | Sam          | Payne            | 19         | Portland            | 1          | 37:03:00         |
| <b>Masters</b> |            |              |                  |            |                     |            |                  |
| 1              | 604        | Gisele       | Goldstein        | 60         | Germantown          | 14         | 49:12:00         |
| 1              | 606        | Jeremy       | Kaiding          | 42         | Shelbyville         | 2          | 40:50:00         |
| <b>F 10-15</b> |            |              |                  |            |                     |            |                  |
| 1              | 519        | Marissa      | Walker           | 12         | Morrison            | 59         | 1:03:05          |
| 2              | 482        | Abigail      | V.-Fontenot      | 11         | Shelbyville         | 78         | 1:18:00          |
| <b>M 10-15</b> |            |              |                  |            |                     |            |                  |
| 1              | 324        | Patrick      | Schenk           | 11         | Shelbyville         | 9          | 47:08:00         |
| 2              | 586        | Shaz         | Dalton           | 8          |                     | 23         | 52:19:00         |
| 3              | 317        | Kaleb        | Schenk           | 13         | Shelbyville         | 24         | 52:19:00         |
| 4              | 585        | Daniel       | Dalton           | 10         | Burlison            | 25         | 52:20:00         |
| 5              | 332        | Ethan        | Simmons          | 12         | Lynchburg           | 40         | 55:12:00         |
| 6              | 486        | Caleb        | V.-Fontenot      | 15         | Shelbyville         | 45         | 56:34:00         |
| 7              | 319        | Logan        | Schenk           | 15         | Shelbyville         | 60         | 1:03:42          |
| <b>M 16-19</b> |            |              |                  |            |                     |            |                  |
| 1              | 128        | Payton       | House            | 16         | Shelbyville         | 27         | 52:49:00         |
| <b>F 20-29</b> |            |              |                  |            |                     |            |                  |
| 1              | 619        | Brooke       | Hewett           | 28         | Cookeville          | 30         | 53:16:00         |
| 2              | 184        | Paisley      | Marotta          | 28         | Old Hickory         | 51         | 1:00:30          |
| <b>F 30-39</b> |            |              |                  |            |                     |            |                  |
| 1              | 206        | Kristen      | McCabe           | 30         | Nashville           | 16         | 50:05:00         |
| 2              | 270        | Anna         | Pfalzer          | 34         | Nashville           | 34         | 54:00:00         |
| 3              | 584        | Cassandra    | Hughes           | 34         | Auburntown          | 37         | 54:25:00         |
| 4              | 160        | Lisa         | Lorenzen         | 39         | Murfreesboro        | 47         | 57:27:00         |
| 5              | 561        | Sarah        | Walker           | 33         | Morrison            | 61         | 1:05:38          |
| 6              | 398        | Ruth         | Thompson         | 35         | Dickson             | 83         | 1:20:46          |
| 7              | 222        | Samantha     | Morrow           | 34         | Waynesboro          | 89         | 1:29:29          |
| <b>M 30-39</b> |            |              |                  |            |                     |            |                  |
| 1              | 274        | Sean         | Pfalzer          | 33         | Nashville           | 8          | 45:50:00         |
| 2              | 3          | Derrick      | Baker            | 32         | Estill Springs      | 10         | 47:24:00         |
| 3              | 326        | Ryan         | Schooley         | 37         | Smyrna              | 13         | 49:09:00         |
| 4              | 217        | Raymond      | Morrow           | 31         | Waynesboro          | 20         | 50:57:00         |
| 5              | 102        | Caleb        | Hart             | 38         | Nashville           | 32         | 53:36:00         |
| 6              | 129        | Wayland      | House            | 38         | shelbyville         | 76         | 1:16:34          |

**F 40-49**

|   |     |          |          |    |             |    |                |
|---|-----|----------|----------|----|-------------|----|----------------|
| 1 | 290 | Missi    | Pierce   | 49 | Manchester  | 58 | <b>1:02:46</b> |
| 2 | 67  | Madeline | Fontenot | 43 | Shelbyville | 63 | <b>1:08:35</b> |
| 3 | 623 | Dolores  | Betz     | 45 | Lebanon     | 70 | <b>1:14:18</b> |
| 4 | 253 | Lana     | Olson    | 43 | Nashville   | 71 | <b>1:14:23</b> |
| 5 | 132 | Brandy   | Kennedy  | 40 | Franklin    | 72 | <b>1:15:10</b> |
| 6 | 565 | Deborah  | Webb     | 41 | Hermitage   | 74 | <b>1:16:11</b> |
| 7 | 12  | Lisa     | Capehart | 49 | Ooltewah    | 81 | <b>1:19:58</b> |

**M 40-49**

|   |     |         |          |    |             |    |                 |
|---|-----|---------|----------|----|-------------|----|-----------------|
| 1 | 614 | George  | Hambrick | 45 | Tullahoma   | 5  | <b>43:12:00</b> |
| 2 | 182 | Kelly   | Mahoney  | 49 | Cookeville  | 7  | <b>44:20:00</b> |
| 3 | 554 | Paul    | Walker   | 45 | Morrison    | 15 | <b>49:56:00</b> |
| 4 | 59  | Dan     | Evans    | 48 | Cookeville  | 18 | <b>50:47:00</b> |
| 5 | 611 | Sergio  | Gomez    | 49 | Shelbyville | 19 | <b>50:57:00</b> |
| 6 | 331 | Eddie   | Simmons  | 44 | Lynchburg   | 68 | <b>1:13:24</b>  |
| 7 | 435 | austin  | voorhes  | 42 | Shelbyville | 79 | <b>1:18:30</b>  |
| 8 | 66  | Matthew | Ferrier  | 45 | Clarksville | 90 | <b>1:30:14</b>  |

**F 50-59**

|    |     |         |         |    |              |    |                 |
|----|-----|---------|---------|----|--------------|----|-----------------|
| 1  | 261 | Kim     | Paulus  | 56 | Nashville    | 28 | <b>53:01:00</b> |
| 2  | 26  | Sharon  | Cruse   | 51 | Pocahontas   | 29 | <b>53:04:00</b> |
| 3  | 337 | Tamra   | Smith   | 58 | Shelbyville  | 31 | <b>53:29:00</b> |
| 4  | 578 | Sally   | Wrather | 50 | Murfreesboro | 35 | <b>54:15:00</b> |
| 5  | 46  | Sally   | DeRosia | 57 | Tullahoma    | 52 | <b>1:00:31</b>  |
| 6  | 573 | barbara | weller  | 51 | McMinnville  | 64 | <b>1:09:51</b>  |
| 7  | 245 | Sharon  | Nelius  | 52 | Tullahoma    | 65 | <b>1:10:54</b>  |
| 8  | 55  | Cynthia | Dunn    | 54 | Chattanooga  | 80 | <b>1:19:53</b>  |
| 9  | 99  | Susan   | Hajdik  | 55 | Cookeville   | 82 | <b>1:20:39</b>  |
| 10 | 63  | Joanne  | Fee     | 53 | Murfreesboro | 85 | <b>1:26:34</b>  |
| 11 | 597 | Amelie  | Sharp   | 57 | Murfreesboro | 97 | <b>1:55:28</b>  |

**M 50-59**

|    |     |         |          |    |              |    |                 |
|----|-----|---------|----------|----|--------------|----|-----------------|
| 1  | 596 | Tracy   | Yother   | 54 | Cookeville   | 4  | <b>42:44:00</b> |
| 2  | 577 | Chris   | Wrather  | 51 | Murfreesboro | 11 | <b>47:48:00</b> |
| 3  | 304 | Terry   | Quillen  | 56 | Tullahoma    | 21 | <b>51:47:00</b> |
| 4  | 24  | Ken     | Cruse    | 54 | Pocahontas   | 22 | <b>51:53:00</b> |
| 5  | 239 | Andy    | Nelius   | 56 | Tullahoma    | 42 | <b>56:11:00</b> |
| 6  | 87  | Bryant  | Gripp    | 51 | Smyrna       | 46 | <b>57:08:00</b> |
| 7  | 615 | Brian   | Murray   | 52 |              | 54 | <b>1:01:26</b>  |
| 8  | 30  | Terry   | Daum     | 53 | Hixson       | 56 | <b>1:01:46</b>  |
| 9  | 61  | Gregory | Fee      | 50 | Murfreesboro | 57 | <b>1:02:22</b>  |
| 10 | 600 | David   | Sharp    | 55 | Murfreesboro | 66 | <b>1:12:37</b>  |
| 11 | 73  | Jim     | Galloway | 55 | Woodlawn     | 95 | <b>1:46:00</b>  |

**F 60-69**

|   |     |        |           |    |         |    |                 |
|---|-----|--------|-----------|----|---------|----|-----------------|
| 1 | 145 | Leslie | Latterman | 60 | Pulaski | 26 | <b>52:48:00</b> |
|---|-----|--------|-----------|----|---------|----|-----------------|

|                |     |           |               |    |                |    |                 |
|----------------|-----|-----------|---------------|----|----------------|----|-----------------|
| <b>2</b>       | 594 | Sherrie   | Giles         | 61 | Nashville      | 33 | <b>53:50:00</b> |
| <b>3</b>       | 68  | Helen     | Fussell       | 69 | Fayetteville   | 67 | <b>1:13:16</b>  |
| <b>4</b>       | 616 | Wrenae    | Shabel        | 66 | Fairview       | 73 | <b>1:15:15</b>  |
| <b>5</b>       | 579 | MaryKay   | Fisher        | 60 | Clarksville    | 88 | <b>1:28:23</b>  |
| <b>6</b>       | 330 | Mary      | Scudder       | 65 | Shelbyville    | 91 | <b>1:30:16</b>  |
| <b>7</b>       | 385 | Diane     | Taylor        | 62 | Seymour        | 93 | <b>1:32:51</b>  |
| <b>M 60-69</b> |     |           |               |    |                |    |                 |
| <b>1</b>       | 282 | Lee       | Piccirillo    | 62 | Murfreesboro   | 3  | <b>42:16:00</b> |
| <b>2</b>       | 356 | Jeff      | Stracener     | 62 | Soddy Daisy    | 6  | <b>43:12:00</b> |
| <b>3</b>       | 399 | Bob       | Townsend      | 68 | Limestone      | 17 | <b>50:34:00</b> |
| <b>4</b>       | 620 | Chris     | Mussard       | 60 | Cookeville     | 36 | <b>54:25:00</b> |
| <b>5</b>       | 115 | Rick      | Hokirk        | 63 | Estill Springs | 38 | <b>54:30:00</b> |
| <b>6</b>       | 400 | Paul      | Vondohlen     | 66 | Ashland City   | 39 | <b>54:58:00</b> |
| <b>7</b>       | 144 | David     | Latterman     | 62 | Pulaski        | 44 | <b>56:31:00</b> |
| <b>8</b>       | 151 | Alexander | Leithner      | 60 | Nashville      | 48 | <b>59:13:00</b> |
| <b>9</b>       | 207 | Kenneth   | Molleson      | 65 | Camden         | 53 | <b>1:01:13</b>  |
| <b>10</b>      | 97  | David     | Hajdik        | 62 | Cookeville     | 55 | <b>1:01:28</b>  |
| <b>11</b>      | 9   | David     | Bordenkircher | 65 | Nashville      | 84 | <b>1:22:49</b>  |
| <b>12</b>      | 1   | Ivan      | Adames        | 66 | Clarksville    | 96 | <b>1:49:26</b>  |
| <b>F 70+</b>   |     |           |               |    |                |    |                 |
| <b>1</b>       | 42  | Lynda     | de Paulis     | 72 | Hermitage      | 62 | <b>1:06:32</b>  |
| <b>2</b>       | 386 | Glenda    | Tetley        | 76 | Smyrna         | 86 | <b>1:27:15</b>  |
| <b>3</b>       | 174 | Janet     | Lowe          | 75 | Cookeville     | 94 | <b>1:36:34</b>  |
| <b>M 70+</b>   |     |           |               |    |                |    |                 |
| <b>1</b>       | 8   | Charles   | Blair         | 71 | Fayetteville   | 41 | <b>55:22:00</b> |
| <b>2</b>       | 254 | James     | Paulus        | 70 | Nashville      | 43 | <b>56:20:00</b> |
| <b>3</b>       | 10  | Zane      | Cantrell      | 78 | Murfreesboro   | 49 | <b>59:20:00</b> |
| <b>4</b>       | 2   | Gary      | Anderson      | 78 | Lebanon        | 50 | <b>59:28:00</b> |
| <b>5</b>       | 91  | Denny     | Griswold      | 72 | Franklin       | 69 | <b>1:14:16</b>  |
| <b>6</b>       | 283 | Bob       | Pierce        | 74 | Murfreesboro   | 75 | <b>1:16:27</b>  |
| <b>7</b>       | 45  | Tomas     | de Paulis     | 75 | Hermitage      | 77 | <b>1:17:06</b>  |
| <b>8</b>       | 71  | Joe       | Fussell       | 71 | Fayetteville   | 87 | <b>1:27:25</b>  |
| <b>9</b>       | 137 | Stephen   | Khleif        | 83 | Cookeville     | 92 | <b>1:31:40</b>  |

Timing and results by Mach Tenn Running Club

**Pace**

7:58/M

6:10/M

8:12/M

6:48/M

10:31/M

13:00/M

7:51/M

8:43/M

8:43/M

8:43/M

9:12/M

9:26/M

10:37/M

8:48/M

8:53/M

10:05/M

8:21/M

9:00/M

9:04/M

9:35/M

10:56/M

13:28/M

14:55/M

7:38/M

7:54/M

8:12/M

8:30/M

8:56/M

12:46/M

10:28/M  
11:26/M  
12:23/M  
12:24/M  
12:32/M  
12:42/M  
13:20/M

7:12/M  
7:23/M  
8:19/M  
8:28/M  
8:30/M  
12:14/M  
13:05/M  
15:02/M

8:50/M  
8:51/M  
8:55/M  
9:03/M  
10:05/M  
11:39/M  
11:49/M  
13:19/M  
13:27/M  
14:26/M  
19:15/M

7:07/M  
7:58/M  
8:38/M  
8:39/M  
9:22/M  
9:31/M  
10:14/M  
10:18/M  
10:24/M  
12:06/M  
17:40/M

8:48/M

8:58/M  
12:13/M  
12:33/M  
14:44/M  
15:03/M  
15:29/M

7:03/M  
7:12/M  
8:26/M  
9:04/M  
9:05/M  
9:10/M  
9:25/M  
9:52/M  
10:12/M  
10:15/M  
13:48/M  
18:14/M

11:05/M  
14:33/M  
16:06/M

9:14/M  
9:23/M  
9:53/M  
9:55/M  
12:23/M  
12:45/M  
12:51/M  
14:34/M  
15:17/M