

CEDARS FROSTBITE HALF MARATHON, FEB 12, 2011

Cedars of Lebanon State Park, Lebanon, TN

Frostbite Running Club

626 Finishers. Lynda de Paulis, Race Director

Place	First	Last Name	Age	Ovl	Time	Home Town
OVERALL WINNER						
	Chris	Herren	27	1	1:12:46	Nashville, TN
	Jillian	Mastroianni	29	14	1:28:06	Nashville
MASTERS						
	Scott	Fanning	40	4	1:19:58	Clarksville
	Maureen	Manning	43	39	1:33:55	Brentwood
GRAND MASTERS						
	Dan	Smithhisler	54	15	1:29:12	Nashville
	Vickie	Spickard	53	111	1:45:12	Nashville
SENIOR GRAND MASTERS						
	Dallas	Smith	70	48	1:36:10	Murfreesboro
	Amelia	Wallace	69	303	2:04:43	Clarksville
AGE GROUP AWARDS (Top 3)						
F 15-19						
1	Hailey	Lindsey	16	438	2:21:02	Dickson
2	Jamie	Kendrick	17	447	2:21:53	Franklin
3	Kirsten	Salonga	15	460	2:24:06	Nashville
4	Elizabeth	Crabtree	16	466	2:24:55	Brentwood
5	McKenzie	Drake	15	490	2:28:59	Nashville
6	Ashley D	Espinoza	17	518	2:34:57	Nashville
F 20-24						
1	Ashley	Morelock	24	36	1:33:27	Bristol
2	Jill	Hanson	23	63	1:39:29	Nashville
3	Amy	Macintire	23	77	1:41:05	Knoxville
4	Amaya	Guenechea	24	94	1:43:34	Bowling Green, KY
5	Danielle	Williams	24	149	1:49:02	Cottontown
6	Carolyn	Madison	24	165	1:51:05	Clarksville
7	Veronica	Veyhl	22	176	1:52:08	Knoxville
8	Brittany	Kirby	24	244	1:57:25	Murfreesboro
9	Joni	Howard	22	248	1:58:10	Brentwood
10	Melissa	Clough	21	329	2:07:58	Nashville
11	Lara	Seltz	24	330	2:07:58	Brentwood

12	Kelley	Stevens	23	331	2:07:59	Alpine
13	Lauren	Schmitt	22	384	2:13:59	Hendersonville
14	Caitlin	Ford	22	385	2:13:59	Nashville
15	Casey	Puki	24	421	2:18:47	Nashville
16	Mary	Wysznski	24	463	2:24:25	Murfreesboro
17	Rachel	Kravitz	24	475	2:25:56	Nashville
18	Katelin	Fields	22	513	2:33:34	Old Hickory
19	LeAnn	Steading	24	615	3:40:37	Murfreesboro

F 25-29

1	Julia	Clark	26	79	1:41:21	Madison, AL
2	Megan	McCormick	28	113	1:45:27	Nashville
3	Chrissy	Short	29	122	1:46:42	Franklin
4	Ginny	Bond	29	124	1:46:56	Lebanon
5	Bartemus	Cortney	25	133	1:47:31	Goodlettsville
6	Kelly	Davis	27	152	1:49:38	Spring Hill
7	Mary C	Flemming	28	183	1:52:33	Franklin
8	Tilghman	Carroll	29	208	1:54:38	Nashville
9	Laquimah	VanDunk	27	224	1:55:53	Gallatin
10	Rosie	Arellano	29	228	1:56:19	La Vergne
11	Cassie	Morren	28	255	1:58:43	Hendersonville
12	Amanda	Baier	27	266	2:00:30	Nashville
13	Andrea	Robertson	26	279	2:02:11	Murfreesboro
14	Sara Jane	Flowers	27	289	2:03:05	Old Hickory
15	Kelley	Darnell	29	290	2:03:05	Hendersonville
16	Sarah	Coyne	28	291	2:03:07	Clarksville
17	Christina	Rogers	27	332	2:07:59	Lascassas
18	Lindsey	Foster	28	334	2:08:06	Franklin
19	Stephanie	Midkiff	27	349	2:10:00	Nashville
20	Lisa	Jaskot	26	354	2:10:19	Smyrna
21	Megan	Stimpson	26	357	2:10:40	Whiteleyville
22	Melanie	Blair	27	364	2:11:48	Nashville
23	Margo	Koester	29	370	2:12:30	Gallatin
24	Sarah	Mercier	29	379	2:13:28	Hermitage
25	Emily	Dubois	27	397	2:15:34	Nashville
26	Filanza	Starmack	27	402	2:16:09	Clarksville
27	Susan	Wysznski	26	424	2:19:13	Goodlettsville
28	Martha	Montiel-Lewis	28	432	2:20:37	Franklin
29	Amanda	Irvin	25	435	2:20:52	Rockwale
30	Kim	Smith	27	456	2:23:46	Mt Juliet
31	Lindsey	McLean	28	457	2:23:59	Shelbyville
32	Rachel	Speer	29	461	2:24:14	Conway, AR
33	Kim	Lucy	25	467	2:24:56	Knoxville

34	Molly	Sandlin	29	470	2:25:01	Nashville
35	Jody	Ullery	29	480	2:26:19	LaVergne
36	Stephanie	Krause	26	497	2:30:16	Nashville
37	Lindsey	Stocks	28	502	2:31:22	Dyersburg
38	Hannah	Bradley	27	507	2:32:19	Clarksville
39	Leslie	Aldrich	25	546	2:44:11	Nashville
40	Sarah	Vann	25	547	2:44:52	Plesant View
41	Alexis	Cantrell	28	558	2:51:21	Murfreesboro
42	Stephanie	Meek	27	566	2:54:10	Smyrna
43	Kristi	Dunnam	27	571	2:56:10	Hopkinsville
44	Sarah	Tinkle	25	578	2:59:57	Nashville
45	Alison	Diehl	27	582	3:03:14	Clarksville
46	Elise	Broussard	27	600	3:24:47	Nashville
47	Jodi	Coffee	25	621	4:00:28	Old Hickory
48	Amanda	Adams	26	622	4:00:30	Old Hickory

F 30-34

1	Jennifer	Fischer	32	84	1:42:52	Austin, TX
2	Sara	Tabor	34	118	1:46:02	Scottsville, KY
3	Kassie	Smith	34	209	1:54:40	Bowling Green, KY
4	Simone	Wahl	30	217	1:55:24	Hermitage
5	Karen	Wooden	34	223	1:55:49	Pleasant View
6	Felicia	Newton	33	226	1:56:08	Athens, AL
7	Heather	Obrien	32	242	1:57:22	Hendersonville
8	Lee	Pampacos	30	247	1:57:51	Nashville
9	Ashley	Miller	33	249	1:58:12	Nashville
10	Cami	Pfennig	31	258	1:58:50	Nashville
11	Summer	Southern	30	259	1:59:24	Harvest, AL
12	Harmony	England	34	294	2:03:37	Nashville
13	Marci	Davis	33	301	2:04:29	Murfreesboro
14	Jenny	Thacker	34	302	2:04:36	Chicago, IL
15	Ingrid	Anderson	33	312	2:06:20	Nashville
16	Emily	Pierce	30	313	2:06:22	Eva
17	Crystal	Marciniak	32	336	2:08:12	Mt Juliet
18	Angel	Edwards	31	366	2:11:55	Crossville
19	Nancy	Warden	32	405	2:16:18	Amhurst, NH
20	Rachel	Burnett	31	420	2:18:45	Goodlettsville
21	Sharra	Shotwell	34	426	2:19:31	Murfreesboro
22	Erika	Hazelton	30	428	2:19:39	Clarksville
23	Lisa	Lancaster	34	430	2:20:18	Nashville
24	Jamie	Martinez	32	441	2:21:14	Antioch
25	Heather	Gustin	33	455	2:23:32	Princeton, KY
26	Rebecca	Nessen	31	472	2:25:19	Brentwood

27	Colleen	McGrath	30	479	2:26:18	Christiana
28	Shannon	North	34	495	2:29:49	Murfreesboro
29	Meredith	Thompson	30	503	2:31:24	Dyersburg
30	Nicole	Rogers	33	515	2:34:30	Gallatin
31	Jennifer	Duncan	31	516	2:34:33	Brentwood
32	Rachel	Ramesar	34	549	2:45:48	Clarksville
33	Jill	Jackson	34	562	2:52:29	Gallatin
34	Meredith	Graham	30	565	2:53:48	Brentwood
35	Jessica	Cannon	30	570	2:55:33	murfreesboro
36	Allison	Belt	30	573	2:57:44	Goodlettsville
37	Lau Ryn	Williams	32	574	2:58:25	Southfield, MI
38	Jamie	Herron	34	593	3:13:46	Nashville
39	Stephanie	Finn	32	608	3:38:35	Mt Juliet
40	Angela	Lambdin	31	609	3:38:51	Hermitage

F 35-39

1	Sue	Scholl	38	55	1:37:45	McMinnville
2	Susan	Johnson	36	56	1:37:48	Murfreesboro
3	Lisa	Logan	38	88	1:43:06	Ringgold, GA
4	Sharon	Ruiz	37	143	1:48:42	Nashville
5	Kellie	Arrant	39	161	1:50:54	Arrington
6	Thara	Lowndes	39	245	1:57:32	Cookeville
7	Dee	Reynolds	39	246	1:57:39	Lebanon
8	Jill	Delk	37	263	1:59:52	Cookeville
9	Christina	Fenner	39	274	2:01:29	Mt. Juliet
10	Lucy	Nichols	37	305	2:05:08	Franklin
11	Wendy	Gurley	36	311	2:06:13	Lebanon
12	Carol	Roth	35	333	2:07:59	Mt Juliet
13	Jill	Stangell	38	351	2:10:04	Hendersonville
14	Tiffany	Donovan	37	413	2:17:27	Hendersonville
15	Dawn	Dedman	37	417	2:18:21	Lebanon
16	Lisa	Miller	39	448	2:21:54	McMinnville
17	Laura	Swan	37	450	2:22:01	Murfreesboro
18	Karen	Jordan	35	451	2:22:01	Murfreesboro
19	Lynette	Wombie	38	458	2:23:59	Nashville
20	Carrie	Vinson	36	462	2:24:23	Portland
21	beth	saunders	38	471	2:25:13	Murfreesboro
22	Christy	Mayes	37	483	2:26:56	Springfield
23	Karin	Wizer	39	487	2:28:36	Chapel Hill
24	Devona	Clark	37	514	2:34:05	Mc Minnville
25	Myrna	Jackson	37	524	2:37:37	Detroit
26	Dawn	Lindsey	36	525	2:37:44	Dickson
27	Kimberly	Malone	39	532	2:40:08	La Vergne

28	Jennifer	Montague	35	533	2:40:36	Mt Juliet
29	Tamara	Phillips	39	539	2:41:38	Mt Juliet
30	Leslie	Valdez	39	561	2:52:01	Goodlettsville
31	Cynthea	Clark	39	588	3:11:02	Nashville
32	Jonell	Hinsey	36	594	3:13:57	Antioch
33	Carolyn	Cespino	37	605	3:35:34	Murfreesboro
34	Deanna	Tompkins	39	616	3:45:20	Shelbyville
35	Kimberly	Campbell	36	623	4:02:32	Mount Juliet

F 40-44

1	Meredith	Smith	40	40	1:34:14	Nashville
2	Heidi	Overbay	44	104	1:44:41	Old Hickory
3	Nicole	Vendur	41	146	1:48:49	Murfreesboro
4	Dawn	Denny	43	157	1:50:01	Nashville
5	Lanette	Finney	40	166	1:51:07	Clarksville
6	Branda	Polk	41	169	1:51:26	Lebanon
7	Stacy	Windrow	44	179	1:52:15	Smyrna
8	Desiree	Hill	41	196	1:53:47	Nashville
9	Lisa	Zaccarelli	41	213	1:54:51	Nashville
10	Julianna	Wall.-Swiebel	40	225	1:56:04	Portland
11	Kimberly	Stokes	43	251	1:58:22	Murfreesboro
12	Jennifer	Whitley	44	257	1:58:48	Murfreesboro
13	Jill	Mongene	42	262	1:59:50	Brentwood
14	Dawn	Wojciechowski	44	264	1:59:57	Smyrna
15	Lisa	Neal	41	272	2:01:25	TN
16	Tamara	Ludlam	41	317	2:06:45	Old Hickory
17	Martina	Gordon	41	341	2:08:54	Clarksville
18	Gina	Granstaff	43	353	2:10:06	Nashville
19	Marla	Albert	40	360	2:11:25	Hendersonville
20	Stephanie	Knight	44	373	2:12:53	Murfreesboro
21	Michele	Smith	42	389	2:14:28	Nashville
22	Laura	Colyar	40	398	2:15:44	Tulahoma
23	Dana	Fagan	41	419	2:18:23	Springfield
24	Claricia	Gilliam	42	423	2:19:00	Hendersonville
25	Yvette	Pennington	43	489	2:28:42	Mt. Juliet
26	Christy	Blackwell	42	500	2:30:58	Mt Juliet
27	Shannon	Benedict	41	510	2:33:29	Pendleton, IN
28	Traci	Petty	41	519	2:35:24	Spring Hill
29	Anne L	Owens	40	529	2:39:15	Nashville
30	Carissima	Cope	42	535	2:40:54	Antioch
31	Jacquelyn	Lancaster	42	536	2:41:12	Mt Juliet
32	Suzanne	Norman	42	551	2:47:48	Clarksville
33	Michele	Sells	42	563	2:52:35	Christiana

34	Juanita	Fink	41	580	3:00:27	Murfreesboro
35	Melissa	Perkey	40	589	3:11:27	Hermitage
36	Jennifer	Haynes	44	591	3:12:38	Old Hickory
37	Emily	Johnson	44	595	3:13:57	Murfreesboro
38	Lisa	Wylemans	41	603	3:31:58	Old Hickory
39	Karen	Brantley	41	604	3:31:58	Old Hickory
40	Wendy	Ashley	40	610	3:38:52	Madison
41	Teresa	Phillips	41	617	3:50:33	Nashville
42	Tongia	Key	44	618	3:53:09	Murfreesboro

F 45-49

1	Theresa	Saupe	47	70	1:40:16	Murfreesboro
2	Jana	White	45	136	1:48:12	Nashville
3	Shawna	Peace	49	156	1:50:00	Nashville
4	Karrie	Kulick	47	185	1:52:50	
5	Beth	Harris	47	189	1:53:12	Bowling Green, KY
6	Beth	Hanson	45	192	1:53:17	Brentwood
7	Kim	Holder	48	201	1:54:02	Brentwood
8	Pamela	Hobson	49	254	1:58:42	Nashville
9	Kelley	Dykes	46	261	1:59:47	Lebanon
10	Carrie	Graf	45	276	2:01:38	Smyrna
11	Cynthia	Kern	46	292	2:03:15	Nashville
12	Linda	Cantrell	45	297	2:03:43	Bowling Green, KY
13	Linda	Cash	49	328	2:07:56	Clarksville
14	Bonnie	Elam	46	367	2:11:57	McKenzie
15	Jackie	Murphy	48	388	2:14:21	Lebanon
16	Stacey	Kendrick	46	446	2:21:53	Grosse Pointe Woods, M
17	Pam	Rowlett	49	492	2:29:20	Centerville
18	Dawn	OKieff	46	494	2:29:38	Nashville
19	Tina	Lapa	47	496	2:30:15	Huntersville, NC
20	Dorothy	Galloway	48	498	2:30:25	Woodlawn
21	Jacqueline	Smith	46	527	2:37:52	McMinnville
22	Sherry	Maxull	47	564	2:52:53	Bowling Green, KY
23	Jean	McCormack	45	590	3:11:44	Joelton
24	Kathleen	Walke	49	592	3:12:38	Old Hickory
25	Jackie	Powers	45	598	3:18:50	Murfreesboro
26	Julie	Meyer	47	612	3:40:01	Murfreesboro
27	Kaphae	Johnston	48	613	3:40:01	Hendersonville
28	Stephanie	Burns	47	614	3:40:02	Goodlettsville
29	Susan	Smith	47	619	3:53:09	Murfreesboro

F 50-54

1	Sheri	Nemeth	52	112	1:45:21	Elizabethton
----------	-------	--------	----	-----	----------------	--------------

2	Beverly	Conner	51	307	2:05:43	Nashville
3	Anita	Burnett	54	321	2:07:10	Kingsport
4	Peggy	Kruspe	54	363	2:11:43	Murfreesboro
5	Sarah	Lovett	50	372	2:12:47	Murfreesboro
6	Pat	Hotov.-Copen	53	485	2:27:34	Smyrna
7	Janet	Wichtman	53	522	2:36:50	
8	Diana	Guzman	53	526	2:37:46	Spring Hill
9	Mary Kay	Fisher	53	548	2:44:53	Goodlettsville
10	Glenda	Adams	54	568	2:55:23	Rockwale
11	Janice	Ziegler	50	572	2:57:01	Nashville
12	Dianne	Hall	54	579	3:00:27	Murfreesboro
13	Kim	Headrick	54	585	3:09:30	Maryville
14	Nancy	Businda	54	601	3:27:54	Nashville
15	Kathryn	Selley	52	607	3:38:35	Mt Juliet

F 55-59

1	Marti	Carrell	58	368	2:12:08	Nashville
2	Patricia	Cole	57	391	2:14:44	Goodlettsville
3	Anne	Poirier	57	427	2:19:34	Murfreesboro
4	Kitty	Halfacre	56	449	2:21:55	Centerville
5	Nancy	Burnett	58	542	2:42:44	Ashland City
6	Carla	Snodgrass	58	545	2:43:26	Hopkinsville, KY
7	Clarice	Smith	55	555	2:49:37	Spring Hill

F 60-64

1	Martha	Anderson	60	418	2:18:23	Belvidere
2	Joan	Chatham	64	557	2:51:18	Murfreesboro
3	Sue	Herron	63	596	3:16:29	Tenn Ridge
4	Nancy	Zambito-Franz	64	599	3:19:20	Three Way

F 65-69

1	Janet	Jernigan	66	401	2:16:08	Franklin
2	Janet	Lowe	67	554	2:49:26	Cookeville

F 70+

1	Fritzie	Paine	71	478	2:26:18	New York, NY
---	---------	-------	----	-----	---------	--------------

M 15-19

1	Ryan	Gadsey	18	3	1:18:40	Brentwood
2	Peter	Narrison	17	23	1:31:18	Ashland City
3	Kason	Halfacre	15	34	1:33:08	Nashville
4	Sean	Irwin	17	107	1:44:45	Attica, IN
5	Samuel	Albert	14	127	1:47:03	Nashville

6	Brock	Colyar	12	173	1:51:49	Gallatin
7	Evan	Bundy	17	239	1:57:05	Nashville
8	Jonathan	Lifferth	16	361	2:11:33	Mt Juliet
9	Peyton	Haynes	14	382	2:13:52	Old Hickory
10	Thomas	Housel	18	422	2:18:56	Cane Ridge
11	Micah	Beard	16	442	2:21:15	Lebanon
12	Bryant	Vinson	13	501	2:31:12	Murfreesboro
13	Marshall	Hunt	16	504	2:31:32	Hendersonville
14	Jonathan	Agee	15	506	2:32:19	Nashville
15	John	Daily	15	575	2:59:08	Franklin
16	Seth	Thomas	15	576	2:59:08	Brentwood

M 20-24

1	Dan	Mueller	24	2	1:17:37	Nashville
2	A. J.	Wilson	24	35	1:33:22	Clarksville
3	Brandon	Henthorn	23	101	1:44:10	Murfreesboro
4	Dustin	Greer	24	270	2:01:01	Chapmansboro
5	Temo	Ledezma	24	304	2:04:53	La Vergne
6	Tyler	Lawnichak	22	319	2:07:06	Gallatin
7	Wesley	Robinson	24	407	2:16:28	Carmel, IN
8	Stephen	Bush	24	499	2:30:56	Atlanta, GA
9	Joshua	Stagner	20	505	2:31:36	Murfreesboro
10	Christopher	Burns	22	530	2:39:33	Readyville
11	Jorge	Julia	24	553	2:49:23	Nashville
12	Joshua	Mast	22	602	3:29:11	Antioch

M 25-29

1	John	Ramsay	27	9	1:24:47	Clarksville
2	Patrick	Carmody	26	10	1:26:03	Knoxville
3	Christian	Lemon	26	12	1:27:34	Murfreesboro
4	Gary	Adcock	29	24	1:31:28	Lebanon
5	James	Ramsey	28	28	1:31:55	Brentwood
6	Chris	Hanson	28	42	1:34:44	Smyrna
7	Jason	Teitloff	29	47	1:35:43	Princeton, KY
8	Russell	Burke	29	50	1:37:16	Gallatin
9	Dustin	Speer	29	51	1:37:30	Conway, AR
10	Daniel	Hudgins	26	72	1:40:19	Bowling Green, KY
11	Eric	Mohr	27	74	1:40:44	Nashville
12	John	Bradley	25	83	1:42:46	Murfreesboro
13	Nicholas	Dimengo	26	93	1:43:29	Nashville
14	Thomas	Cook	28	106	1:44:42	Nashville
15	David	Arndt	29	110	1:45:05	Hendersonville
16	Scott	Fisher	25	121	1:46:33	

17	Nathan	Johnson	26	139	1:48:28	Murfreesboro
18	Jake	Gilliam	29	140	1:48:37	cookeville
19	Leland	Irvin	25	141	1:48:41	Nashville
20	Lawson	Bland	26	145	1:48:48	Trenton, KY
21	Wyeth	Lawson	28	153	1:49:40	Hendersonville
22	Case	Cantrell	28	162	1:51:01	Murfreesboro
23	Josh	Minshall	29	170	1:51:33	Nashville
24	Patrick	Allen	25	182	1:52:32	Hendersonville
25	Matthew	Baker	29	202	1:54:17	
26	Sam	Diehl	27	212	1:54:50	Clarksville
27	Robert	Barno	28	230	1:56:22	Clarksville
28	James	Storie	29	237	1:56:57	Clarksville
29	Justin	Searor	27	243	1:57:24	Nashville
30	Ben	Shepard	26	285	2:02:37	Hermitage
31	Daniel	Johnson	25	320	2:07:10	Nashville
32	Brandon	Koch	25	325	2:07:37	Smyrna
33	Ben	Bledsoe	28	394	2:15:03	Hermitage
34	Mathew	Abernathy	29	395	2:15:08	Smyrna
35	William	Webb	29	415	2:17:55	Mt Juliet
36	Matt	Edwards	29	433	2:20:43	Gallatin
37	James	Adams	29	511	2:33:34	Smyrna
38	Joseph	Toplon	26	538	2:41:21	Nashville

M 30-34

1	Micah	Grenz	34	7	1:21:31	Sparta
2	Daniel	Hazelton	32	8	1:23:17	Clarksville
3	Graham	Hemmingway	34	18	1:30:12	Nashville
4	Michael	Neumeyer	32	20	1:30:55	Neuburgh, IN
5	Don	Mouledoux	33	26	1:31:37	Murfreesboro
6	Matt	Bennett	34	33	1:32:52	Smyrna
7	Ryan	Taylor	31	43	1:34:48	Murfreesboro
8	Dennis	Allmon	32	59	1:38:43	Woodlawn
9	John	Baker	34	64	1:39:33	Mount Juliet
10	Alfredo	Cardenas	32	75	1:40:59	Hermitage
11	Jascha	Swisher	34	76	1:40:59	Shelbyville
12	Dan	Follmer	34	82	1:41:59	Mt Juliet
13	Daren	Ramesar	33	89	1:43:07	Clarksville
14	Russ	Mitchell	30	119	1:46:27	Bristol
15	Brad	Whited	34	120	1:46:33	Lebanon
16	Ryan	King	33	126	1:47:02	Brentwood
17	Jon	Douglass	30	129	1:47:12	Murfreesboro
18	Chris	Bain	31	142	1:48:41	Lebanon
19	Joe	Bullock	30	155	1:49:55	Nashville

20	Justin	Dillard	34	163	1:51:03	Joelton
21	Robert	Sawyer	31	171	1:51:44	Cookeville
22	Keith	Schaper	33	180	1:52:22	Nashville
23	Andrew	Warth	30	191	1:53:15	Nashville
24	Steven	McNeal	31	193	1:53:21	Murfreesboro
25	Ethan	Massa	32	195	1:53:32	Lebanon
26	Matthew	Allison	30	219	1:55:36	Springfield
27	Jeffrey	Stansberry	32	222	1:55:48	Nashville
28	Thomas	Finley	34	235	1:56:49	Mt Juliet
29	Jesus	Del Campo	30	236	1:56:50	Lewisburg
30	Josh	Bledsoe	31	241	1:57:20	Crossville
31	Seth	Milstead	31	280	2:02:12	Scottsville, KY
32	Tyrone	Roberts	30	299	2:03:58	Nashville
33	James	McBride	34	315	2:06:33	Nashville
34	Jackson	Miller	33	323	2:07:27	Nashville
35	Michael	Burnett	30	327	2:07:51	Goodlettsville
36	Charles	Carter	31	348	2:09:58	Nashville
37	Jay	Maples	32	350	2:10:01	Nashville
38	Matthew	Edwards	31	365	2:11:54	Crossville
39	David	Jennings	30	378	2:13:23	Franklin
40	John	Hicks	31	380	2:13:29	Nashville
41	Justin	Johnson	30	383	2:13:58	Hermitage
42	Seth	Rone	32	439	2:21:07	Nashville
43	Mike	Garland	34	444	2:21:37	Gallatin
44	Kevin	Rose	32	465	2:24:35	Gallatin
45	Micah	Sandlin	30	469	2:25:01	Goodlettsville
46	Jason	Spencer	33	473	2:25:20	Hermitage
47	Kenneth	Alvis	33	523	2:37:17	Nashville
48	Chris	Adams	32	528	2:38:16	Hendersonville
49	David	Biggs	31	544	2:43:01	Franklin
50	Anthony	Lepetic	31	567	2:55:22	Franklin

M 35-39

1	Doug	Boomer	36	11	1:26:57	McMinnville
2	Michael	Embury	37	13	1:27:38	Lexington, KY
3	Lawrence	Cary	37	22	1:31:13	Hendersonville
4	Michael	Mathis	37	25	1:31:36	Arrington
5	Eric	Martin	37	37	1:33:37	Nashville
6	Yong	Kim	36	53	1:37:44	Nolensville
7	Robert	Phifer	36	57	1:38:20	Leavensworth, KS
8	Michael	Briggs	37	58	1:38:22	Cookeville
9	Brian	Omeara	38	60	1:38:49	Mt Juliet
10	Eriks	Jekabsons	38	71	1:40:16	Cottontown

11	Ismael	Rodriguez	37	92	1:43:20	Old Hickory
12	Ryan	Speed	38	95	1:43:36	McMinnville
13	Jeremiah	Tatum	37	97	1:43:44	Nashville
14	Bryan	Kirby	35	114	1:45:27	Cookeville
15	Travis	Crouch	38	116	1:45:56	Hohenwald
16	Doug	Raymont	38	117	1:45:57	Brentwood
17	Rob	Moore	37	125	1:46:58	Goodlettsville
18	Mark	Wojciechowski	36	130	1:47:18	Houston, AL
19	Mark	Youngman	36	131	1:47:21	Mt Juliet
20	Mike	Donovan	38	154	1:49:42	Hendersonville
21	Robert	Dillon	37	158	1:50:14	Saint Louis, MO
22	John	Seiters	35	174	1:51:58	Nashville
23	Dominic	Cespino	36	197	1:53:50	Murfreesboro
24	Oliver	El-Shishini	38	211	1:54:46	Ann Arbor, MI
25	Sam	Duffey	35	215	1:55:03	Antioch
26	Greg	Gee	35	229	1:56:20	Hendersonville
27	Steven	Turner	36	234	1:56:44	Mt Juliet
28	Robert	Knee	38	240	1:57:13	Mt Juliet
29	Darrell	Martin	37	267	2:00:34	Hazel Green, AL
30	Brian	Hurst	39	275	2:01:36	Nashville
31	Jonathan	Freeman	38	281	2:02:14	Smyrna
32	Brandon	Hayes	37	286	2:02:37	Nashville
33	Jason	Powell	37	288	2:03:04	Lebanon
34	Kevin	Herrington	35	296	2:03:40	Franklin
35	Kenneth	White	36	308	2:06:03	Nashville
36	Jim	Black	39	309	2:06:04	Bell Buckle
37	Tsutomu	Hiramatsu	36	316	2:06:39	Nashville
38	Stephen	Lapa	39	322	2:07:27	Huntersville, NC
39	Jack	Pratt	36	335	2:08:10	Murfreesboro
40	Kevin	Clouse	37	347	2:09:34	Nashville
41	Lee	Leonard	37	352	2:10:06	Lewisburg
42	Trey	Helton	39	369	2:12:16	Thompson Sta
43	Darby	Futrell	38	376	2:13:09	Benton, KY
44	Sam	Vinson	36	381	2:13:41	Portland
45	Jon	Harris	35	400	2:15:59	Madison
46	Scott	Johnson	39	408	2:16:28	College Grove
47	John	Griffen	39	416	2:18:17	Murfreesboro
48	Joel	McCauley	36	443	2:21:16	Cane Ridge
49	Brent	Oliver	36	454	2:23:29	Antioch
50	Brad	King	37	477	2:26:15	Old Hickory
51	Dustin	Plummer	36	486	2:27:46	Murfreesboro
52	Jeff	Wizer	39	488	2:28:36	Chapel Hill
53	Lou	Warner	39	491	2:29:15	Smyrna

54	Winn	Hall	35	517	2:34:40	Murfreesboro
55	Michael	Russell	37	556	2:50:25	Murfreesboro
56	Matthew	Ferrier	37	583	3:08:50	Clarksville

M 40-44

1	Kevin	Delaney	42	6	1:21:17	Arlington, MA
2	Roger	Brady	43	29	1:31:58	Chilhowie, VA
3	Gary	Wich	41	52	1:37:43	Murfreesboro
4	Chris	Clemens	44	54	1:37:44	Murfreesboro
5	Jeff	Skillen	41	66	1:39:50	Franklin
6	Nicholas	Schnerder	42	80	1:41:29	Springfield
7	Karl	Kersey	44	85	1:42:58	Nashville
8	Pat	Finney	43	102	1:44:22	Clarksville
9	Jim	Day	42	103	1:44:33	Franklin
10	Brent	Salvig	40		1:44:46	Murfreesboro
11	James	Greenwood	43	123	1:46:52	Smyrna
12	James	Maness	42	132	1:47:30	Bradyville
13	Glen	Black	42	137	1:48:16	Old Hickory
14	John	Blackwell	44	138	1:48:24	Mt Juliet
15	Robert	Falvey	43	144	1:48:43	Pendleton
16	Alan	Vendur	43	147	1:48:49	Madison
17	Richard	Rogers	41	148	1:48:59	Nashville
18	Joe	Singer	42	168	1:51:24	Nashville
19	Saad	Ehtisham	40	175	1:52:07	Mt Juliet
20	James	Peterson	41	181	1:52:30	Murfreesboro
21	Paul	Arnette	44	186	1:52:52	Lebanon
22	Jason	Welsh	40	188	1:53:05	Calhoun, AL
23	Brian	Murray	44	198	1:53:51	Hermitage
24	Walter	Harris	40	210	1:54:41	Hendersonville
25	Kevin	Wiles	40	220	1:55:39	Nashville
26	Stuart	Leach	41	231	1:56:27	Christiana
27	Chris	Gillstrap	42	253	1:58:37	Glencoe, KY
28	John	Murray	40	265	1:59:58	Rockvale
29	Chris	Wrather	43	268	2:00:35	Lexington
30	Ned	Henry	42	269	2:00:57	Nashville
31	Joe	Stocker	44	273	2:01:27	Franklin
32	Rand	Carpenter	44	278	2:02:07	Franklin
33	Joseph	Roddy	40	283	2:02:21	Franklin
34	Brooks	Harper	40	284	2:02:30	Mt Juliet
35	Chuck	Snell	40	295	2:03:38	Smyrna
36	James	Brantley	43	306	2:05:37	Old Hickory
37	Kevin	Conrad	43	310	2:06:06	Tullahoma
38	Daniel	Rousos	42	324	2:07:31	Franklin

39	Richard	Cantrell	43	338	2:08:23	Bowling Green, KY
40	Hank	vonSchpank	44	343	2:09:03	Murfreesboro
41	Lee	Pepper	41	345	2:09:11	Franklin
42	Brett	Hightower	42	355	2:10:31	Cookeville
43	Kevin	Fulford	40	356	2:10:33	Murfreesboro
44	Nami	Nahid	40	362	2:11:39	Hopkinsville, KY
45	Eugene	Duke	43	375	2:12:58	Mt. Juliet
46	Dow	Smith	44	396	2:15:18	Smyrna
47	Ralph	Bailey	41	399	2:15:46	Lebanon
48	Gary	Small	43	404	2:16:15	Bloomington, IN
49	Matt	Perrigo	41	409	2:16:28	Mt Juliet
50	Kevin	Miller	42	414	2:17:52	Murfreesboro
51	Doc	Hamilton	42	425	2:19:16	Mt Juliet
52	Mike	Bell	42	429	2:19:46	Camden
53	Billy	Wilhite	41	434	2:20:47	Medina
54	Sergio	Gomez	41	436	2:21:01	Shelbyville
55	Stephen	Kinzer	42	474	2:25:25	Old Hickory
56	Keith	Davis	43	476	2:26:11	Lebanon
57	Geoffrey	Lifferth	41	482	2:26:46	Hendersonville
58	Steve	Burk	41	508	2:33:12	Mt Juliet
59	Fernando	Rodriguez	41	512	2:33:34	Antioch
60	Jon	Nielsen	43	521	2:36:06	Murfreesboro
61	James	Kelly	41	531	2:39:55	Nashville
62	Joe	Vinson	43	552	2:48:37	Murfreesboro
63	Scott	Lindsey	44	581	3:02:42	Nashville
64	Alan	Green	42	611	3:39:31	Nashville

M45-49

1	Phil	Young	48	5	1:20:57	Murfreesboro
2	Doug	Strickland	49	16	1:29:54	Kingsport
3	Dirk	Hayes	49	27	1:31:40	Murfreesboro
4	Tommy	Kell	48	31	1:32:03	Kingsport
5	Jeff	Matlock	46	38	1:33:41	Nashville
6	Chris	Cole	47	41	1:34:39	Franklin
7	Steve	Wich	47	44	1:34:55	Murfreesboro
8	Clay	Bailey	46	46	1:35:40	Murfreesboro
9	Andy	Weld	47	61	1:38:54	Goodlettsville
10	John	Sloop	47	62	1:38:54	Nashville
11	Wade	Sims	47	69	1:40:02	Hendersonville
12	Keith	Woodall	48	86	1:42:58	Springfield
13	Donald	Hawkins	48	87	1:43:02	Murfreesboro
14	Mike	Tinal	48	99	1:43:57	Hopkinsville, KY
15	Mark	Johnsen	48	128	1:47:12	Lebanon

16	Jeff	Giedt	47	150	1:49:03	Franklin
17	Phillip	Bontrager	48	164	1:51:03	La Vergne
18	Jeff	Colyar	45	172	1:51:49	Tulahoma
19	James	Gordon	45	177	1:52:09	Smyrna
20	Mark	Uhl	49	178	1:52:14	Clarksville
21	Kevin	McClanahan	45	184	1:52:37	Nashville
22	Barry	Huber	48	204	1:54:27	Murfreesboro
23	Brian	Dickens	45	205	1:54:32	Lebanon
24	Simon	Riley	46	207	1:54:34	Lafayette
25	Mike	Greeson	46	232	1:56:27	Lascassas
26	Scott	Bradley	45	250	1:58:15	Mt Juliet
27	Greg	Shirley	49		1:58:30	Cookeville
28	Jeff	McMahon	46	252	1:58:31	Murfreesboro
29	Scott	Huddleston	45	256	1:58:47	Nashville
30	David	Webb	48	277	2:02:03	Brentwood
31	Van	Irwin	46	287	2:02:59	Spring Hill
32	Paul	Fenner	46	293	2:03:16	Nashville
33	Paul	Putnam	47	298	2:03:57	Hermitage
34	Wade	Anderson	49	318	2:06:45	Nashville
35	John	Nunley	47	340	2:08:41	Cookeville
36	Paul	Brayfield	45	346	2:09:21	Newburgh, IN
37	Richard	Beard	47	386	2:14:00	Lebanon
38	Irvin	Leroux	45	387	2:14:15	Manchester
39	Charlie	Clemence	46	403	2:16:09	Burns
40	Donal	Hinely	47	406	2:16:24	Hermitage
41	Bill	Jenkins	47	411	2:16:54	Murfreesboro
42	Fred	Henegar	47	412	2:17:23	Murfreesboro
43	Jim	Shamwell	45	431	2:20:24	
44	Marty	Mast	49	437	2:21:01	Antioch
45	Tracy	Nelson	46	440	2:21:13	Lebanon
46	Frank	Robinson	46	453	2:22:54	Hilham
47	Maurice	Ludlam	47	459	2:24:05	Murfreesboro
48	Chris	Kulick	47	464	2:24:32	Lebanon
49	Dennis	Rowland	46	509	2:33:23	McMinnville
50	Mark	Lancaster	48	537	2:41:13	Mt Juliet
51	Billy	Crips	49	569	2:55:30	Woodbury
52	Ron	Blockley	47	577	2:59:12	Nashville
53	Frank	Adams	48	620	3:57:17	Nashville

M 50-54

1	Jim	Magnan	53	17	1:30:06	Tucson, AZ
2	Todd	Overby	52	19	1:30:22	Nashville
3	Lynn	Burnett	54	21	1:31:00	Livingston

4	Mark	Keisling	54	30	1:32:01	Antioch
5	Charlie	Taylor	51	45	1:35:34	Baxter
6	Jimmy	Fryer	51	49	1:36:51	Mt Juliet
7	Tim	Pemberton	52	67	1:39:54	Alvaton, KY
8	Daniel	Chapuis	50	73	1:40:22	Franklin
9	Dwight	Gardenhire	52	78	1:41:17	Pikeville
10	Carl	Unger	51	81	1:41:53	Cookeville
11	Vernon	Long	50	96	1:43:40	Bowling Green, KY
12	Bill	Paul	50	108	1:44:52	Smyrna
13	Rick	Head	51	134	1:47:35	Nashville
14	Charles	Hubbard	53	160	1:50:46	Piney Flat
15	Grant	Cuthill	51	167	1:51:19	Franklin
16	Gary	Rizer	50		1:52:15	Antioch
17	Robert	Allbritton	50	187	1:52:55	Brentwood
18	Steve	Rauh	50	190	1:53:14	Harrods Creek, KY
19	Sam	Stinnette	52	199	1:53:53	Nashville
20	Douglas	Brown	52	216	1:55:20	Winchester
21	Kevin	Reneau	53	218	1:55:30	Murfreesboro
22	Delbert	Wichtman	53	227	1:56:16	
23	Terry	Hampton	52	271	2:01:23	Murfreesboro
24	Roger	Haywood	53	282	2:02:18	Smyrna
25	Steve	Turner	50	300	2:04:03	Murfreesboro
26	Tim	McKindley	50	314	2:06:30	Livingston
27	Chris	Thompson	53	342	2:08:56	Nashville
28	Neal	Waters	50	390	2:14:34	Franklin
29	Marty	Spurlock	52	393	2:14:51	Nashville
30	James	Wallace	53	410	2:16:42	Knoxville
31	Bill	Roberts	54	445	2:21:38	Ashland City
32	Raymond	Rizzo	52	452	2:22:26	Nashville
33	Nicky	Denton	51	481	2:26:37	Murfreesboro
34	Kevin	Cliche	51	540	2:42:22	Christiana
35	Bob	Jared	54	541	2:42:43	Hillsboro
36	Darryl	Herring	50	560	2:52:01	Goodlettsville
37	Gerald	Alvis	51	584	3:09:08	Bethpage
38	Mark	Clark	54	587	3:10:58	Nashville
39	Glenn	Eddington	54	606	3:36:26	Nashville

M 55-59

1	Mark	Cowley	55	32	1:32:23	Tipp City, OH
2	Daniel	Ashmead	57	98	1:43:45	Nashville
3	Guy	Giles	59	100	1:44:03	Knoxville
4	Richard	Jonardi	56	105	1:44:41	Nashville
5	Gus	Hutto	56	115	1:45:36	Lebanon

6	Steve	Rundberg	55	135	1:47:52	Nashville
7	Larry	Davies	56	159	1:50:38	Hendersonville
8	Paul	Miller	57	194	1:53:25	Murfreesboro
9	Anthony	Jones	55	200	1:53:55	Lebanon
10	Rick	Barr	58	233	1:56:35	Franklin
11	James	Raybeck	57	337	2:08:13	Spring Hill
12	Randy	Cole	57	339	2:08:35	Goodlettsville
13	Rick	Murray	55	468	2:24:57	Hendersonville
14	Ron	Sherrill	59	493	2:29:27	Greenbrier
15	Skeet	Kelt	59	534	2:40:48	Columbia
16	Michael	Rambo	57	597	3:17:01	Tullahoma

M 60-64

1	Ken	Davis	61	65	1:39:36	Thompson Sta
2	Manuel	Arellano	60	68	1:39:58	Mt Juliet
3	Bob	Townsend	60	90	1:43:08	Limestone
4	Bill	Dickerson	61	91	1:43:11	Gray
5	Gary	Robinson	64	109	1:44:58	Murfreesboro
6	Tony	Halfacre	64	151	1:49:05	Murfreesboro
7	Jim	Paulus	62	221	1:55:44	Burns
8	Gerry	Byrne	63		1:55:54	Germantown
9	Rob	Harrison	63	260	1:59:30	Crossville
10	Robert	Johnson	62	344	2:09:05	Goodlettsville
11	Bernard	Pickney	61	359	2:11:01	nashville
12	Steve	Lovett	62	371	2:12:43	Murfreesboro
13	William	Handy	62	374	2:12:57	Columbia
14	Paul	Matrisian	61	377	2:13:13	Franklin
15	Gerald	Goodwin	60	392	2:14:45	Cookeville
16	Donald	Wagner	61	543	2:42:52	Nashville

M 65-69

1	Tony	Borghetti	69	214	1:54:54	Surgeonsville
2	Cyrus	Rhode	67	238	1:56:59	Spencer
3	John	Otto	69	358	2:10:51	Lebanon
4	Robert	Franz	69	484	2:27:33	Three Way
5	Dixon	Gillespie	68		2:36:32	Mt Juliet
6	William	Alexander	66	550	2:47:37	Murfreesboro

M 70+

1	Dennis	Christian	72	203	1:54:23	Nashville
2	Gary	Anderson	70	206	1:54:33	Lebanon
3	Zane	Cantrell	70	326	2:07:46	Murfreesboro
4	Brooks	Harper	71	520	2:35:27	Mt Juliet

5	Joe	Millichap	70	559	2:51:32	Clarksville
6	John	Swicegood	70	586	3:09:30	Maryville

Timing by Melissa Miller, MachTenn RC

575	Renee	Aaron	31			Portland
55	Nancy	Andrews	51			Old Hickory
87	Jennifer	Anglin	41			Hendersonville
341	Ramon	Arellano	29			La Vergne
84	Jeffrey	Bandy	40			McMinnville
35	Jennifer	Bane	33			Woodbury
631	Sarah	Box	30			
469	Thomas	Box	26			Kingsport
236	Cathy	Boyd	51			Joelton
580	James	Bravender	57			Frankfort
48	Derek	Breeding	42			Hendersonville
128	Dexter	Brewer	53			Nashville
487	Teri	Brown	42			Murfreesboro
207	Eli	Brown	35			Scottsville
13	Ciara	Buxton	30			Hopkinsville
277	Amy	Carter	28			Nashville
186	Teryn	Chapin	28			Nashville
7	Jennifer	Chism	35			Murfreesboro
384	Brandon	Christy	34			White House
30	Abby	Colvett	27			Mount Juliet
284	James	Connor	58			Mt Juliet
89	Cristian	Cortes	37			Huntsville
88	Randy	Cortner	57			Brentwood
164	Christopher	Coyle	32			Franklin
51	Tom	Davidson	55			Athens
39	Rebecca	Davis	31			Murfreesboro
91	Chrys	Davis	37			Valparaiso
58	Vance	Derryberry	40			Nashville
15	Michelle	Eckland	21			Abington
398	Patrick	Edwards	53			Nashville
135	David	Elliott	34			Cookeville
40	Harold	Estes	31			Smithville
551	Ron	Gill	51			Cookeville
125	Bob	Guard	36			Hermitage
9	Mark	Hale	32			McMinnville
168	Aaron	Hall	26			Murfreesboro

64	Brooke	Hargrove	29	Murfreesboro
193	Brent	Harris	52	Bowling Green
82	Kryssi	Heckman	30	Brentwood
382	Chris	Herlihy	36	Nashville
720	Malcolm	Hill	52	Columbia
149	Abigail	Hillard	30	Nashville
6	Ray	Howard	40	Murfreesboro
306	Brian	Hutto	31	Lebanon
20	Rajesh	Jethwani	43	Brentwood
49	Matthew	Johnson	37	Franklin
38	Christy	Jordan	33	Murfreesboro
92	Jennifer	Jordan	33	Huntsville
16	Jourdan	Kirk	20	Murfreesboro
172	Phil	Laprad	60	Smyrna
625	Joshua	Leek	26	Nashville
4	Brandy	Lepetic	29	Franklin
700	Chris	Lillie	29	Lebanon
199	Melanee	Lindsey	44	Nashville
318	Geoffrey	Little	35	Nashville
176	Jeff	Macintire	53	Clarksville
509	Katherine	Malone	30	Lebanon
67	Edgard	Martinez	32	Antioch
573	Tracey	McClain	37	Nashville
108	Amanda	McDearmon	34	Murfreesboro
201	Steve	McIntyre	37	Franklin
464	Zan	McKinney	15	Nashville
484	Isaac	Meek	31	Smyrna
559	Cathy	Merra	51	Amhurst
558	Michael	Merra	52	Murfreesboro
14	Claire	Miley	52	Nashville
134	Adam	Montgomery	31	Lebanon
81	Angie	Mynatt	33	Christiana
287	Timothy	O'Leary	48	Antioch
188	Natalie	Papini	20	Murfreesboro
166	Andy	Parrish	51	Lebanon
43	Miriam	Patient	40	Milton
148	Donna	Pittman	40	Clarksville
521	Cindy	Powell	40	nashville
17	Aubrey	Preston	20	Murfreesboro
412	Erin	Propst	24	Ft Campbell
593	Johnny	Pryor	50	Nashville
502	Rachel	Reasonover	37	Lewisburg
738	Amy	Reavis	14	Brentwood

347	Scotty	Ricketts	47	Lebanon
137	Joana	Riddick	30	Hendersonville
145	Chuck	Ross	56	Mt Juliet
510	Joe	Rushing	56	Springfield
105	Carolyn	Schott	43	Nashville
406	Todd	Shadburn	44	Jackson
248	Elizabeth	Shobert	30	Nashville
371	Charlie	Simon	38	Mt Juliet
462	William	Sletar	17	Nashville
126	Carrie	Smith	36	Hermitage
486	Lori	Smith	45	Madison
286	Richard	Sparks	34	Medina
79	Scott	Stader	39	Marietta
21	Gillian	Starkey	24	Nashville
524	Chasity	Suttle	35	Nashville
95	Diane	Taylor	53	Nashville
100	Joshua	Thurman	33	Nashville
206	John	Tietjen	50	Mt Juliet
33	Kathleen	Watson	40	Murfreesboro
621	Michelle	Webster	47	Clarksville
1	David	Wilson	57	Murfreesboro
706	Jerry	Winkler	50	Nashville
442	Katie	Wrobel	33	Lebanon
127	Kenny	Young	40	Franklin
362	Robert	Ziegler	54	Nashville
247	Lisa	Zimmerman	40	Nashville
432	Nicole	Zullo	29	Portland
504				

